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# Directions

Young Moore and Henderson, P.A.  
3101 Glenwood Ave.  
P. O. Box 31627  
Raleigh, N.C. 27622-5096  
919-782-6860

[Google Maps](#)

## **Directions from RDU Airport and Points West:**

- Take I-40 East to Raleigh.
- From I-40, take Exit 289 (Wade Avenue Exit).
- From Wade Avenue, take the exit onto I-440 E/U.S. 1 N toward Wake Forest/Rocky Mt/Wilson.
- From I-440 East, take the Crabtree Valley Mall/ Glenwood Avenue Exit (Exit Number 7).
- Exit 7 divides at the bottom of the exit; stay to the right to merge onto Glenwood Avenue East (50 South). You will be heading downtown and in the direction of our office.
- Proceed to the third stop light, which is at the intersection with Glen Eden Drive. Our building is on the right in the trees at the corner of Glenwood Avenue and Glen Eden Drive. The address is 3101 Glenwood Avenue, and the entrance is from Glen Eden Drive.
- Turn right onto Glen Eden Drive and the entrance is the first drive on the right.

## **Directions from Points South (via Sanford and U.S. 1):**

- Take U.S. 1 North toward Raleigh. U.S. 64 East merges with, and becomes I-440 East
- Off of I-440 East, take the Crabtree Valley Mall/ Glenwood Avenue Exit (Exit Number 7).
- Exit 7 divides at the bottom of the exit; stay to the right to merge onto Glenwood Ave. East (50 South). You will be heading downtown and in the direction of our office.
- Proceed to the third stop light, which is at the intersection with Glen Eden Drive. Our building is on the right in the trees at the corner of Glenwood Avenue and Glen Eden Drive. The address is 3101 Glenwood Avenue, and the

entrance is from Glen Eden Drive.

- Turn right onto Glen Eden Drive and the entrance is the first drive on the right.

#### **Directions from Points South via I-95 and I-40:**

- From points south via I-95, in Benson take the exit for I-40 West to Raleigh.
- From I-40 West, take exit 301 for Interstate 440/US-64 E.
- Merge onto I-440 W/US-64E, continue to follow I-440 W.
- Follow I-440 around Raleigh, and take the Glenwood Avenue/ Ridge Road exit (Exit 7A) (50 South). The Exit divides; bear to the right toward Glenwood Avenue. At the stop sign at the bottom of the exit, merge onto Glenwood Avenue East.
- Proceed to the fourth stop light, which is at the intersection with Glen Eden Drive. Our building is on the right in the trees at the corner of Glenwood Avenue and Glen Eden Drive. The address is 3101 Glenwood Avenue, and the entrance is from Glen Eden Drive.
- Turn right onto Glen Eden Drive and the entrance is the first drive on the right.

#### **Directions from Points North via I-85 South and U.S. 1 South:**

- From I-95 South at Petersburg, Virginia, take I-85 South.
- South of the Virginia-North Carolina line, take U.S. 1 South to Raleigh (Exit 218). U.S. 1 South becomes Capital Boulevard when it gets into Raleigh.
- From Capital Boulevard, take the exit for I-440 W/U.S. 1 S via the ramp toward Sanford.
- Follow I-440 around Raleigh, and take the Glenwood Avenue/ Ridge Road exit (Exit 7A) (50 South). The Exit divides; bear to the right toward Glenwood Avenue. At the stop sign at the bottom of the exit, merge onto Glenwood Avenue East.
- Proceed to the fourth stop light, which is at the intersection with Glen Eden Drive. Our building is on the right in the trees at the corner of Glenwood Avenue and Glen Eden Drive. The address is 3101 Glenwood Avenue, and the entrance is from Glen Eden Drive.
- Turn right onto Glen Eden Drive and the entrance is the first drive on the right.

#### **Directions from Points East via U.S. 64 and U.S. 264 West:**

- From U.S. 264, take it until it merges with U.S. 64 near Wendell. Take U.S. 64 West into Raleigh.
- Take the exit for I-440 West (Exit 419) toward U.S. 1/Wake Forest.
- Follow I-440 around Raleigh, and take the Glenwood Avenue/ Ridge Road exit (Exit 7A) (50 South). The Exit divides; bear to the right toward Glenwood Avenue. At the stop sign at the bottom of the exit, merge onto Glenwood Avenue East.

- Proceed to the fourth stop light, which is at the intersection with Glen Eden Drive. Our building is on the right in the trees at the corner of Glenwood Avenue and Glen Eden Drive. The address is 3101 Glenwood Avenue, and the entrance is from Glen Eden Drive.
- Turn right onto Glen Eden Drive and the entrance is the first drive on the right.

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**CONTACT US**

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**OFFICE**

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