The Kitchen Table

Everyone is welcome at the Kitchen Table— a dedicated group of monthly donors who support our mission— so that all our neighbors living with illness get the nutritious, nourishing meals they need.

Pull Up a Chair

**Meals that heal, delivered with love.**

Imagine living with a debilitating illness.
Imagine being too sick to shop or cook.
Imagine trying to make ends meet below the poverty level.
Imagine living in one of NYC’s most underserved neighborhoods.

Now imagine enduring all of that, at the same time.
That’s the daily reality for most of the people whom God’s Love helps.

It’s easy to lose hope when the odds are stacked against you. But thanks to the generous support of those gathered around our Kitchen Table, the people we serve feel hopeful again—and a whole lot less hungry, too.

**Become a Monthly Donor Today**
When you join the Kitchen Table, you give our seriously ill neighbors easy access to nutritious, medically tailored meals.

The results are lifegiving--quite literally. People who receive meals from God’s Love:

❤️ Experience a boost to their immune system.
❤️ Have fewer ER trips and spend less time in the hospital.
❤️ Feel better and have more energy and strength.
❤️ Reduce overall healthcare costs by up to 62%.
❤️ Feel loved and supported.
❤️ Can live more independently.
❤️ Get relief from the stress of food planning, shopping, and prepping.
❤️ Don’t have to choose between having healthy food and paying rent.

GIVE 3 MEALS A MONTH

GIVE 6 MEALS A MONTH
GIVE 12 MEALS A MONTH
Thanks to the generous support of people like you, we deliver **10,000 meals every weekday.**

That's 2.3 million meals a year for our clients and their caregivers and children.

**Why "The Kitchen Table"?**

**By becoming a monthly donor, you help set the table for our friends and neighbors who need our help.**

When you reflect on your favorite moments at home with loved ones, chances are good you’re sitting around your kitchen table... swapping stories, laughing until you can hardly breathe, reaching for a napkin to dry a few tears. There’s something inherently warm and welcoming about that space, isn’t there? Sure, it has something to do with sharing a meal, but the connection goes far beyond please pass the potatoes and I’m going to need this recipe. It’s not really about the food. It’s about care. It’s about community.