Nutrition Tips for Breast Cancer Patients

Proper nutrition during breast cancer treatment is key to feeling better and staying strong. At the same time, side effects from treatments may make it difficult to eat well, if at all. This booklet outlines how to best manage nutrition during the treatment period.

Multiple copies are available to agencies or individuals. Please contact the Nutrition Services Department at nutrition@glwd.org or 212.294.8103 for further information.