

Last week, God's Love had the pleasure of hosting Trey Morgan, an on-air Z-100 personality. Trey has embarked on a remarkable project, "30 Deeds in 30 Days." He and his wife Brooke, a graduate student in Publishing, are volunteering at 30 different NYC not-for-profits, learning about what they do and demonstrating that there is a good volunteer opportunity for everyone who wants to contribute to their community.

I'm more NPR than Z-100, but Trey and Brooke touched my heart. They are for real. I must admit, before I met them, I wondered if this project was just a media play to expand Trey's audience. But I was wrong. Now I know that Trey wants to make a difference, to encourage people to get involved in helping other New Yorkers in need.

At God's Love, Trey and Brooke dug in. They worked in the kitchen and went on a local delivery. They asked a lot of questions, talked to a lot of staff and volunteers, and wanted to understand what made God's Love how we created such an engaging experience.

Of course, a big part of the answer is the amazing volunteers who come to God's Love everyday. They make it possible for us cook and deliver almost 850,000 nutritious meals a year. And, they make it fun. There's always a conversation about the newest theatre production, restaurant opening, book launch, fashion news, sports event or personal story to share. I thank our volunteers from their service and spirit and encourage others who haven't experienced the magic yet to [join us](#).

Trey understood the power and engagement of volunteerism too. This excerpt from his blog is just a taste.

"One of the things that impressed me the most was how dedicated and committed the volunteers are. One volunteer has logged 70,000 hours! God's Love We Deliver is truly a community within a community. I met a few people who have been volunteering consistently with God's Love We Deliver since the early 90's! They love what they do..."

I encourage you to [read](#) Trey's blog and [watch](#) his video about his day at God's Love.

I want to thank Trey and Brooke for helping us get the word out about God's Love and our life-sustaining work. If you have ideas that will help us spread the word even further, I'd love to hear them.

