



GOD'S LOVE WE DELIVER®

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Yesterday, we hosted a Seasonal Cooking and Nutrition class for our clients and the community in our teaching kitchen. The event was a collaboration with two of our frequent partners, [Cook for Your Life \(CFYL\)](#) and [Gilda's Club](#), and we prepared summer recipes – farro salad, corn soup and a watermelon granite – recipes attached! CFYL founder and Chef Ann Odgen prepared the food, and Reena did an excellent job explaining the nutritional benefits of the menu items and cooking techniques.

Part of event (the creation of the corn soup) was streamed live on Facebook, [which you can see here.](#)

Note that we had some audio challenges that we are in the process of working out, so please be patient!

