



11.9.20 / [Clients](#)

Fighting Loneliness and Malnourishment with Medically Tailored Meals

By [Natasha Bunzl, Communications Associate](#)

We are honored to serve medically tailored meals to our clients who have served our country in the military . This year, we provided 102,810 meals to 348 Veterans on our program. Our meals deliver evidence-based nutrition to our clients who are living with serious illness. These meals improve their health outcomes and decrease medical costs. Furthermore, since [loneliness is prevalent among Veterans](#), particularly older veterans, we know that the weekly contact with our drivers reminds our former service members that we are grateful to them.

Our client Robert served in the Navy as a mechanic on a ship in Northern Virginia for four years. He met his wife in the Navy and together, they had two children, both born in the VA hospital.

When about four years ago Robert developed blood clots in his legs, he moved up north for treatment and to be closer to his sister. His doctors put a stint in his leg to address his peripheral vascular disease, which kept him walking, but while he was recovering from the surgery he developed gangrene. “I almost lost my toes,” Robert says. He could not walk for six months. A social worker at the VA introduced Robert to God’s Love. Before he was receiving our meals, he was having trouble getting groceries, let alone cooking them. This led to malnourishment, but until this social worker told him about God’s Love, he says “I never knew if I was qualified for anything.”

Robert’s health has improved dramatically since he began receiving our meals. He speaks regularly with our RDNs to ensure that he continues to receive the correct nutrition. He tells us,

“The food is so good!”

For the past four years, Robert has looked forward to the twice weekly visit from our drivers. “It’s good to have somebody to talk to once in a while. My driver’s a great guy, we say hello, talk about the Yankees and what not, I’ve really come to like him.”

[Sponsor a Holiday Meal for a Veteran](#)

Related Blog Posts



11.23.20 / Clients

Sharmila Relies on Meals for Health and Love

For most of us, the holidays are a time for celebrating with friends and loved ones. But for many of our neighbors, this can be a difficult time. No one should go hungry when they are living with severe illness – especi...



**GOD'S LOVE
WE DELIVER®**

Music that heals

A Taste of Music That Heals

11.22.20 / Clients

Introducing: Music That Heals

"A Taste of Music That Heals" features monthly concerts from professional musicians through our partnership with Music That Heals.



11.9.20 / Clients

Fighting Loneliness and Malnourishment with Medically Tailored

Meals

We are honored to serve medically tailored meals to our clients who have served our country in the military . This year, we provided 102,810 meals to 348 Veterans on our program. Our meals deliver evidence-based nutrition to ...