



**GOD'S LOVE WE DELIVER**  
Nutrition Services Department

The God's Love Nutrition Services Department Presents  
**Food Safety Month**

9.26.24

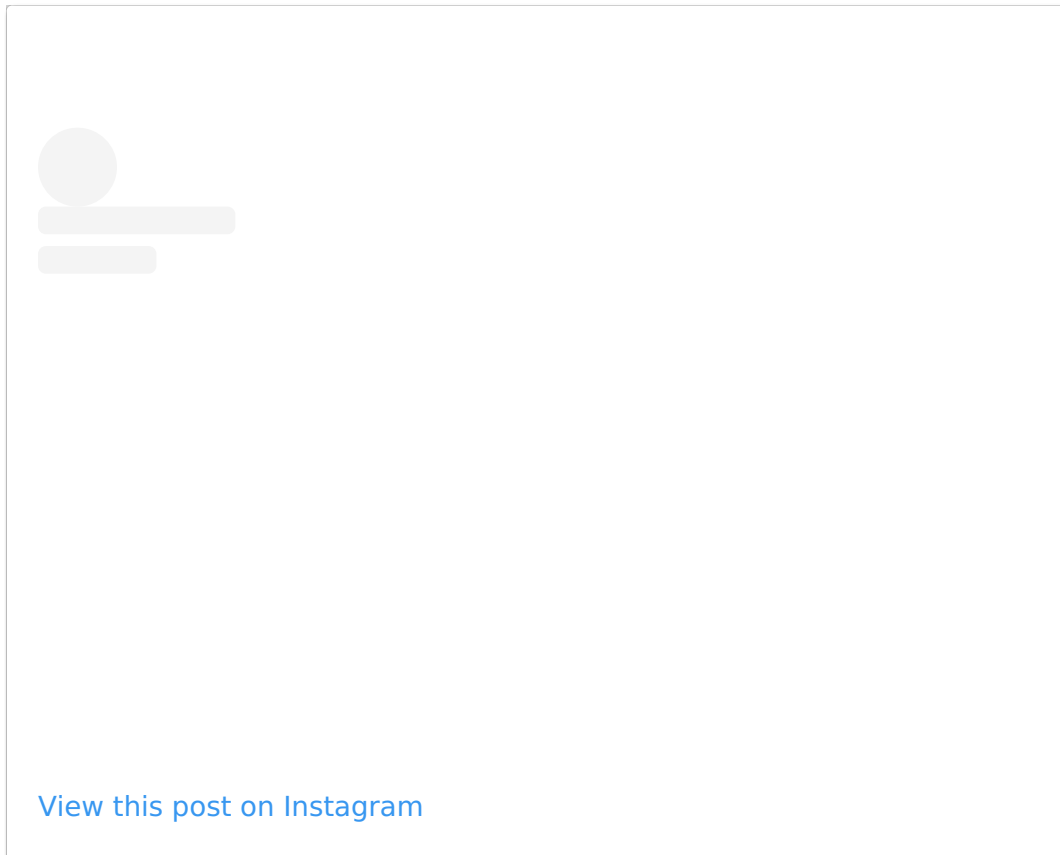
/ [Nutrition](#)

## Keeping Safe with Food Safety Tips from our RDNs

By [Katie Leonard, Registered Dietitian Nutritionist, MS, RDN, CDN](#)

This September and throughout the year, we encourage you to follow our food safety guidelines to keep yourself and your loved ones safe.

### Meat



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## Poultry



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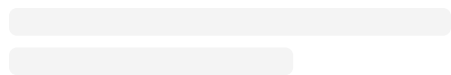


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## Seafood

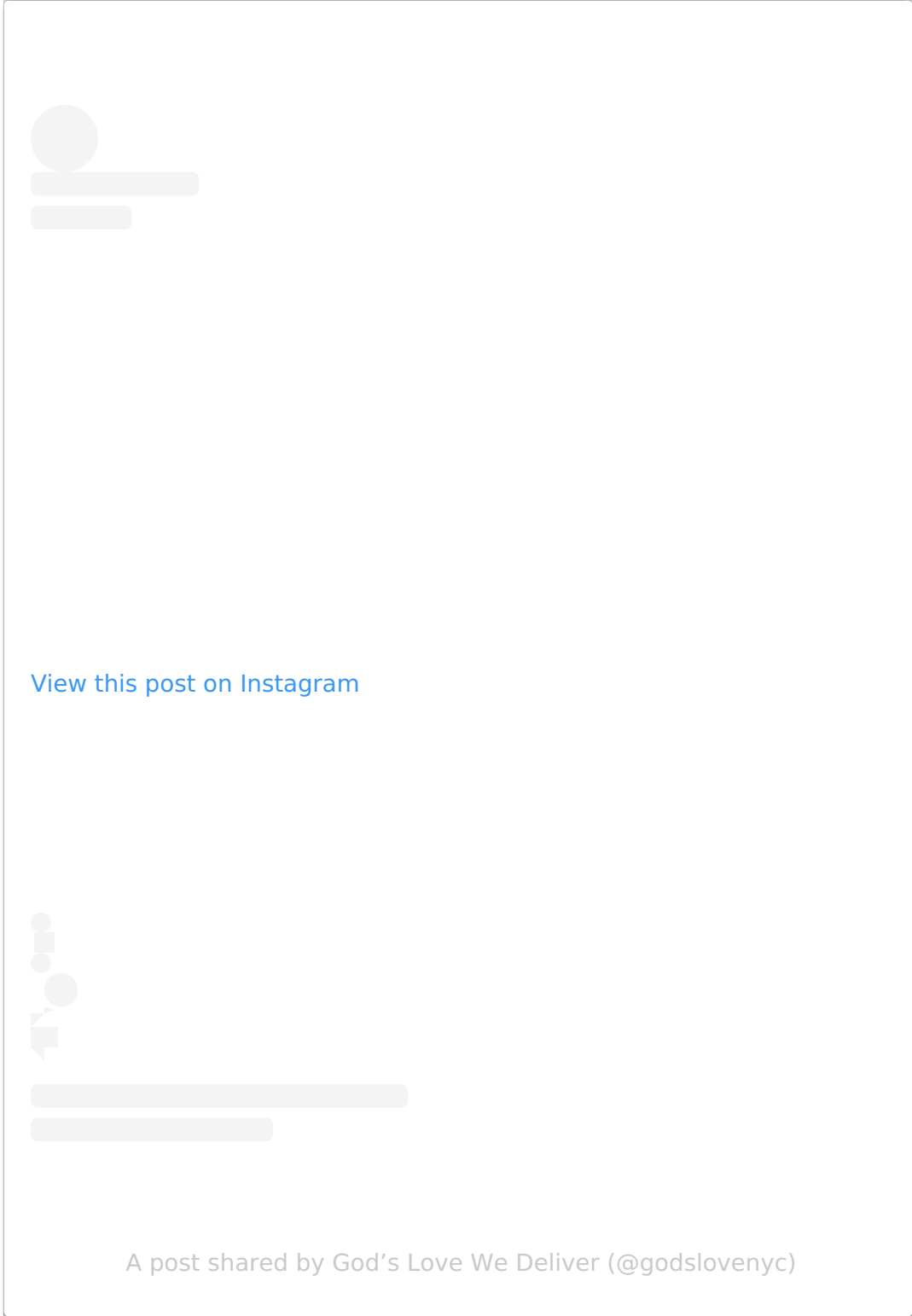


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# Egg & Egg Products



# Dairy



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## Fresh Fruit and Vegetables



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## **Nuts, Grains, and Beans**



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## Raw Flour & Dough



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## Related Posts



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# Plan Your Meal with MyPlate!

8.28.24 / Nutrition

## Plan with MyPlate!

This August and all year-round, stay healthy and follow the MyPlate guidelines for planning nutritious meals and snacks!



7.30.24 / Nutrition

## Hydration Tips with Flor

God's Love nutrition intern Flor gives tips on staying hydrated all summer long.