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/ [Policy](#)

Report of the 50th Anniversary of the White House Conference on Food, Nutrition and Health

By [Karen Pearl, President & CEO](#)

As one of the leaders of the Food is Medicine Coalition, a national volunteer coalition of non-profit medically tailored meal providers, we are so proud to note that medically tailored meals (MTM) are featured as a key nutrition intervention in the [Report of the 50th Anniversary of the White House Conference on Food, Nutrition, and Health: Honoring the Past, Taking Actions for our Future](#).

The report commemorates the landmark 1969 White House Conference on Food, Nutrition and Health, which crafted a policy agenda for ameliorating hunger and malnutrition in the US. This conference originated several historic policies that have changed the food and nutrition landscape, including the School Breakfast Program, the Special Supplemental Nutrition Assistance Program for Women, Infants and Children (WIC) program and the Nutrition Facts label.

In October, I had the pleasure of presenting at the [50th Anniversary of the White House Conference on Food Nutrition and Health](#) which was hosted by our friends at Tufts University. I joined a panel of thought leaders in the health and nutrition sector: Dr. Dariush Mozaffarian, Dean of the School of Nutrition Science and Policy at Tufts University, Dr. Howard Koh, Professor of Public Health at Harvard University and former Assistant Secretary for Health under President Barack Obama, Dr. Kara Odom Walker, Secretary of Delaware Department of Health and Service and Dr. Darshak Sanghavi, Chief Medical Officer of UnitedHealthcare's Medicare & Retirement. On this panel, I made the case for medically tailored meals as a cost-saving healthcare intervention.

The report, an outgrowth of the convening, highlights several policy recommendations for various settings, including healthcare. Poor diet is one of the leading contributors to poor health and rising healthcare costs. The case I made in October for MTMs is recognized as a policy priority for integrating nutrition into the provision of healthcare. MTMs can address malnutrition and food insecurity for high-risk patients with multiple chronic conditions who are unable to shop or cook for themselves. MTMs were highlighted along with other important nutrition interventions including produce prescriptions, integration of nutrition screening within the electronic health record, and sustainable healthy food procurement and vending. We are deeply honored that MTMs have been recognized as an impactful intervention at the national level alongside these groundbreaking policies and look forward to making these recommendations a reality alongside our partners in the field.

**"Your meals have kept
my husband alive and he
no longer needs his
cholesterol medication.**

Thank you."

**- VICTORIA, BROOKLYN,
WHOSE HUSBAND
SANTIAGO LIVES WITH
ALZHEIMER'S DISEASE**



GOD'S LOVE WE DELIVER®

**#MTMsWork #MedicallyTailoredMeals
#WHConference**

6.9.22 / Policy

God's Love We Deliver Participates in "Listening Sessions" to Recommend Key Policy Opportunities for the 2022 White House Conference on Hunger, Nutrition and Health

The God's Love We Deliver medically tailored, home-delivered meal program is a low cost, high impact intervention, grounded in the community, that improves health and saves critical healthcare dollars by keeping people...



God's Love We Deliver joins the Food is Medicine Coalition to Recommend Key Policy Opportunities for the 2022 White House Conference on Hunger, Nutrition and Health

God's Love We Deliver joins the Food is Medicine Coalition to recommend seven key policy opportunities for the 2022 White House Conference on Hunger, Nutrition and Health being held in Washington, D.C. this September. ...



Food is Medicine and is Essential to Achieving Racial Equity in Health

“People get sick because of racism not because of race.” We see this searing truth, declared by Dr. Camara Phyllis Jones, epidemiologist and former president of the American Public Health Association, play out every day. Whi...