



5.20.20 / [Donate](#)

Wide and Healthy Smiles: Oral Health for Individuals with Serious Illness

The health of your teeth, gums and mouth – affects your whole body. Unhealthy teeth and gums strain your immune system and can cause problems with chewing and swallowing food. Regular dental visits, in addition to good oral care at home, are essential to maintaining healthy teeth and gums. Did you know that good oral health can improve nutritional intake and can help prevent dental decay, periodontal disease and other oral health complications?

It is especially important for folks living with serious illness and compromised immune systems to take care of their dental hygiene; that's why, with the help of Colgate-Palmolive, we are sending personal care kits to all of our clients.



Volunteers pack personal hygiene kits for all of our clients.

Earlier this week, volunteers and staff packed 5,000 kits for all of our clients from 20 pallets of product donated by [Colgate-Palmolive](#). These kits were filled with toothpaste, toothbrushes, hand wash, body wash and deodorant.

Thank you to [donateNYC](#) for the 5,000 reusable bags in which we sent the oral hygiene kits to our clients, and thank you for everyone who came out to help us take care of our clients' dental health!

Related Blog Posts



5.13.20 / Nutrition

Older Americans: Nutrition Tips

Diet can help manage some of the most common health problems faced by older Americans. Here's how.



5.5.20 / Nutrition

Physical Activities for Kids

Wondering how to keep your kids entertained AND active during COVID-19? The activities we've listed below are fun for kids... and the whole family! Let us know which ones you try! ...



4.9.20 / Nutrition

Managing Anxiety During Difficult Times: Meditation for Non-Meditators and Other Tips

We are living in an unprecedented time. So much of what is happening is bizarre, confusing and exhausting, and we may find ourselves feeling fearful and anxious. There are many tools that can help us navigate these strange ti...