



<https://www.glwd.org>

Mar 11, 2020 6:00pm - 7:00pm

Build-A-Bowl Workshop with KOMEN

Join Komen Greater NYC and **God's Love We Deliver** to participate in a "Build-a-Bowl" workshop with anti-inflammatory plant foods. To begin the evening we will discuss the benefits of an anti-inflammation diet and then move onto a demonstration, Q&A, and a chance for us to build our own meals from featured ingredients!

Space is limited so please **RSVP as soon as possible!**

God's Love We Deliver
166 Avenue of the Americas
New York, NY 10013

[Register Here](#)