

May 14, 2020 3:00pm - 3:30pm

Foods and Lifestyle to Boost Your Immune System

Join us on May 14th for a discussion with Ana Blanco MS, RDN, CDN from God's Love We Deliver about how the immune system works. This lecture will address various tips and tricks to optimize immunity with diet and lifestyle.

Join Zoom Meeting

<https://zoom.us/j/91459237117>

Meeting ID

914 5923 7117

One tap mobile

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Dial-in by your location

+1 929 205 6099 (New York)

