Medically Tailored Meals Work!

Medically tailored meals like ours are proven to reduce hospitalizations, improve health outcomes, and keep people healthy and happy in their homes.

view research

Supporting Better Care

We partner with hospitals, health plans, and other care providers to address the needs of the most vulnerable in our community.

View our partnerships
Advocating for Nutrition

We engage in policy innovation efforts at the local, state and national level to ensure that everyone who needs our services can access them free of charge.

learn more

Policy

God’s Love seeks to ensure that the medically tailored meal intervention is part of the continuum of healthcare, broadly accessible to those who need it, and always of the highest quality.

Our meal program is a low cost, high impact intervention, grounded in the community, that improves health and saves critical healthcare dollars by keeping people in their homes when they are sick, rather than in more expensive hospitals or nursing homes.

Our agenda is simple:

- We engage in research that advances the reality that food is medicine.
- We lead innovation efforts that allow us to reach the most vulnerable in our communities.
- We advocate on the local, state and national level to incorporate the medically tailored meal intervention into healthcare for people living with severe and/or chronic illness.

From the Blog: Policy
God’s Love Takes On the Hill

The Food is Medicine Coalition Advisory Board members, FIMC Committee Chairs and policy staff, and representatives from God’s Love We Deliver convened in Washington, D.C. to advocate for medically tailored meals (MTMs) at the...

A Special Visit in Support of Veterans
V.A. Secretary McDonough and Senator Kirsten Gillibrand toured God’s Love We Deliver to volunteer and hear about the life-saving impact of food and nutrition services through medically tailored meals on veterans.

10.25.22 / Nutrition

**Food Is Medicine Coalition Featured in Gastropod**

A podcast that looks at food through the lens of science and history, Gastropod’s latest episode “Prescription Dinner: Can Meals Be Medicine?” asks, how do medically tailored meals (MTMs) work?

**Research**
**Why Medically Tailored Meals Work**

Medically tailored meals are proven to reduce hospitalizations, improve health outcomes, and keep people healthy and happy in their homes.

**Healthcare Partnerships**

We partner with hospitals, health plans, and other care providers to address the needs of the most vulnerable in our community.
**Policy Innovation**

We engage in policy innovation efforts at the local, state and national level to ensure that everyone who needs our services can access them free of charge.

**Food is Medicine Coalition**

God’s Love We Deliver chairs the Food is Medicine Coalition (FIMC), a volunteer association of nonprofit medically tailored meal providers.
Across the country convened to provide a complete, evidence-based, medical food and nutrition intervention to critically and chronically ill people in their communities, to advance public policy that supports access to medically tailored food and nutrition services for people with severe and/or chronic illnesses, to promote research on the efficacy of food and nutrition services on health outcomes and cost of care, and to share best practices in the provision of medically tailored meals and of nutrition education and counseling.

**Become an Advocate**

Let’s make sure that securing access to high quality food and nutrition services becomes public policy for all those who are too sick to shop or cook for themselves.

**Videos**

**Healthcare Starts with Healthy Food**

Published on Apr 19, 2018

In this episode of the Medically Tailored Meal Minute, our President & CEO Karen Pearl advocates for the funding of medically tailored meals for all individuals living with severe illness. Join us!
Why Medically Tailored Meals Work

Published on Apr 30, 2018

In this second episode of the Medically Tailored Meal Minute, Manager of Communications Emmett Findley explains why medically tailored meals work for those who are living with severe and chronic illness. Join us!

Current Playlist: Swipe for more

- Healthcare Starts with Healthy Food
- Why Medically Tailored Meals Work

Need More Information?

Please contact our Communications Department via email at eballou@glwd.org