



## **Free, Delicious, Nutritious Meals for Those Who have Served in the U.S. Military with a Chronic Disease, Severe Illness, Mental Health Condition and/or Substance Use Challenge**



Our client Raphael, a veteran who did two tours in Iraq, with his medically tailored meals

This medically tailored meal program strives to improve the nutritional health and well-being of those who have served the U.S. Military in NYC affected by a chronic disease, severe illness, PTSD, anxiety disorders, major depression, bi-polar disorder, schizoaffective disorders, schizophrenia, or substance use disorders that has impacted their ability to shop or cook for themselves.

The Connected program is a free service provided for former U.S. Military Service Members to receive medically tailored meals, have access to education modules and supplemental services.

- See some of our meal options [here](#).
- Get additional resources from our Social Services Partners [here](#).

[Get Forms to Start Meal Delivery](#)

# Hear from our Client, Raphael, How our Home-Delivered Meals Make a Difference in His Life

Raphael is a military veteran who served in Kuwait and Iraq, and lives with PTSD, prostate cancer, and severe diabetes.

## How our Program Works

### Delicious Meals

We cook delicious food from scratch in our state-of-the-art kitchen in lower Manhattan.

### Home Delivery

We deliver it to you in one of our refrigerated vans.

### Ongoing Nutrition Support

We provide ongoing nutrition education and counseling.

### Store Your Meals

You store food in the fridge or freezer.

### Reheat Your Meals

You reheat it in the microwave or oven.

### Food is Love

And enjoy healthy, great tasting meals and the support of our staff and community.

## Questions? Concerns? Sign up to hear from a Client Services Representative

General Get Meals -- Sign up to hear from a Client Services

Representative

First Name \*

Last Name \*

Phone Number

Email

I would like more information for \*

- myself  
 my loved one

Eligibility Requirements -- I or my loved one (all three MUST apply in order to qualify): \*

- Live in New York City or Hudson County, NJ\*  
 Have a severe and/or chronic illness\*  
 Have trouble cooking and/or grocery shopping\*

If you are human, leave this field blank.

*If you'd like to learn about food sources in addition to God's Love We Deliver, then please visit [nycfoodpolicy.org](http://nycfoodpolicy.org) or call 311. **We invite you to download our Community Food and Health Resources Guide [here](#)**, compiled by our Registered Dietitian Nutritionists.*

## What's on the Menu?

All meals from God's Love are low-sodium, and cooked without added preservatives, artificial flavorings, or fillers. In any given week, each client receives a variety of items that fit their needs and preferences and are optimized for the right caloric, nutrient, and protein content. Because different health concerns require different dietary modifications, our team of Registered Dietitian Nutritionists works with all clients to determine their specific nutritional needs and select the assortment that works for them.

Please note that we cannot accommodate soy allergies, or gluten-free, Kosher, Halal, or vegan diets. Check out our food safety guidelines [here](#). If you have any questions regarding our menu, please contact the Nutrition Department at 212.294.8103 or at [nutrition@glwd.org](mailto:nutrition@glwd.org).

## We're Here to Help

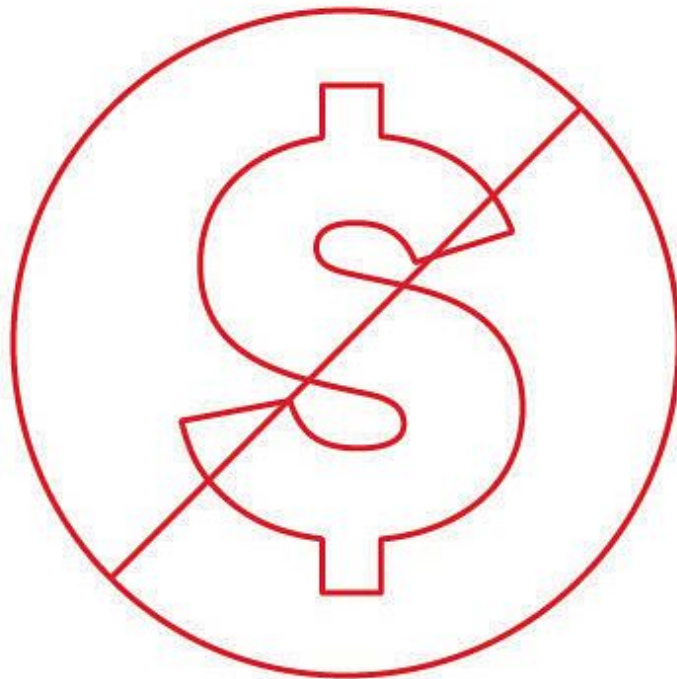


Who We Are

### **Just a Phone Call or Email Away**

Our team of Client Services Representatives will welcome you or your loved one on to our program, ensure we have all the appropriate paperwork, and answer any questions along the way. A Registered Dietitian Nutritionist will perform a nutrition assessment to help design your meals according to your illness, treatments, needs, and preferences, and our team of RDNs are available to provide you with unlimited nutrition education and counseling. All services are free to clients and full of love.

### **How Our Meals Work For You**



FREE OF CHARGE

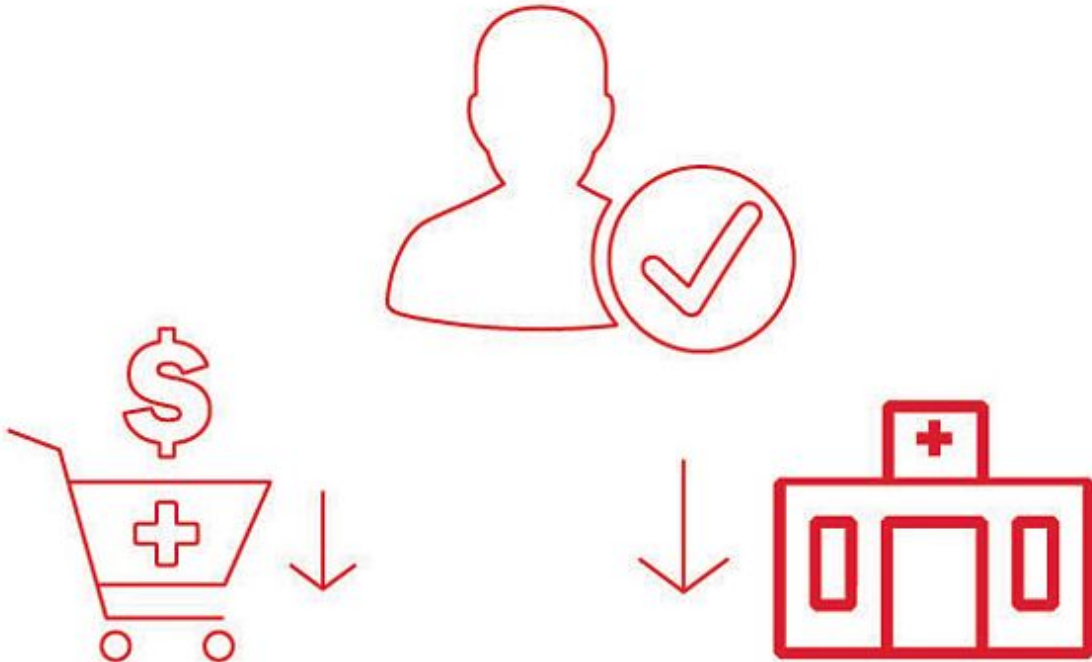
## Our meals are free to clients



WHERE WE SERVE

## The NYC metropolitan area

We deliver to all five boroughs of NYC, Hudson County, NJ. For information on meals to Westchester, Nassau, and Suffolk County, please email [healthcarepartners@glwd.org](mailto:healthcarepartners@glwd.org).



## **Less Stress, More Meals**

Medically tailored meals lower healthcare costs, increase patient satisfaction, and lower hospitalization rates.

## **View Our Meals**



## **Standard Menu**



## Vegetarian Menu



For the Children of our Clients

## **Children's Meals**

All the deliciousness of our meals, just smaller portions, packed just for kids!



November

## **Thanksgiving**

Delivered by families of volunteers, our traditional Thanksgiving feast also comes with a basket full of treats for our clients



December

## **Winter Feast**

Delivered before December 24, this meal is meant to delight and bring celebration to our clients during December.



On your Special Day

## **Birthday Cake**



We bake, personalize, and deliver a birthday cake with a hand-decorated card on your special day!

## Learn More about our Meals + Nutrition

[View menus, ingredients, and benefits](#) [Learn more about our Nutrition Services](#) [Get food safety information](#)

## Why Medically Tailored Meals?

### Our meals help you achieve key outcomes in healthcare and the social determinants of health.

Our meals address:

- Severe and/or chronic illness
- Hospital discharges
- Weight loss
- Cognitive Impairment or serious mental illness
- Medically at-risk conditions
- General fatigue
- Difficulty chewing or swallowing
- Difficulty walking or getting around
- Difficulty shopping or cooking

## Our RDNs and Executive Chef build each menu

Our menu is:

- Free of fillers and preservatives
- Nutritionally tailored to address specific health and illness goals
- Designed by our Registered Dietitian Nutritionists to be both nutritious and delicious
- Research-proven to improve the health and well-being of members

**Being sick and hungry is a crisis that demands an urgent response. If you or someone you love needs our nutritious, delicious meals, we'll cook and home-deliver them, free of charge, right to your door.**

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Representative

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Last Name \*

Phone Number

Email

I would like more information for \*

myself

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Submit

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## From the Blog: Clients



1.23.23 / Clients

## **Numbers Don't Lie: Serving More than Ever in 2022**

Last year, God's Love cooked and home-delivered medically tailored meals for more than 10,500 individuals, and we delivered more than 3.2 million meals! We do this with the dedicated hearts and hands of thousands of volunteer...



12.27.22 / Clients

## **Building Back: How Meals From God's Love Helped Kelley Return to Work**

As a teacher, professor, and volunteer, Kelley has dedicated her life to helping others. But four months after catching what had been a mild case of COVID-19, Kelley began experiencing severe pain and exhaustion. Unable to wa...



11.7.22 / Clients

# **A New Record: 30% More Meals This Fall**

Nearly 13,000 medically tailored meals are cooked, packaged, and home-delivered each weekday, a 30% increase from last fall!