

Thought Leadership Areas: Nutrition and illness, nutrition psychology, healthy eating and well-being, Hispanic and Latinx cultures, end of life nutrition

Ana Blanco is a registered dietitian nutritionist at God's Love We Deliver in New York City, a medically tailored food and nutrition program for people living with serious illnesses.

She is the co-founder of the Latinx Nutrition Professionals, a group dedicated for nutrition professionals and students living in the NYC area to network and learn from each other. Ana holds a meditation training certificate from MNDFL and a master's degree in Nutrition from the University of Buenos Aires.

