FAQs

Check out our FAQs to answer all of your volunteer-related questions!

**What is the age requirement for volunteers?**

You must be 16 years old to volunteer at God’s Love We Deliver. However, if you are 16 or 17 years old, you MUST be accompanied by a parent/guardian. For Kitchen projects and Client Meal deliveries, you MUST be at least 18 years old. For children under the age of 16, we have “Crafting Love” projects throughout the year for both student and adult groups — these include making birthday, seasonal, and holiday cards for our clients.

**Where is God’s Love located?**

God’s Love We Deliver is located at 166 Avenue of the Americas on the corner of Spring Street. We are right above the C/E train at the Spring Street station. For other nearby subway lines, check out [MTA Trip Planner](https://www.glwd.org).

**What is the dress code to work in the kitchen?**

Kitchen dress code is very important to ensure the safety of our volunteers as well as preserve the quality of the food. Clothing must completely cover shoulders, underarms, knees and toes. Long sleeves must be pushed above your elbows while working with food. Hair must be completely covered, including ponytails and bangs. Hairnets are provided, though you are welcome to bring a hat. No bracelets, watches or dangly earrings can be worn. Food safety is so important, we wrote a music video about it! Check out [No Tank Tops in the Kitchen](https://www.glwd.org).

**Do you have any weekend opportunities?**

God’s Love is closed on Saturdays, and please [click here](https://www.glwd.org) for Sunday opportunities.

**Is there a minimum time commitment for volunteering?**

Volunteers are expected to volunteer for the duration of their shift, but volunteering can be a one-time or ongoing experience.
Do you need prior experience to volunteer?

No prior experience is needed to volunteer in the kitchen, in delivery, or in meal kit assembly. You will receive a training and orientation at the beginning of your first shift. We do, however, need skill-based volunteers to support in our offices. If you have finance, customer service, IT, consulting, photography or design experience, please reach out to our volunteer department at volunteer@glwd.org.

Are there any one-time shifts if you can't make a weekly commitment?

Yes! All of our one-time shift opportunities are available to view and sign-up for here. Please note we rely very much on our volunteers so if you need to cancel, let us know in advance so we can find a replacement for you.

Volunteer Resources

Volunteer Code of Conduct

Our volunteers work in the kitchen, in meal packaging, on our vans, in our office and at special events. In order for us to fulfill our mission successfully, it is essential that volunteers follow the policies and procedures listed here.

Cards of Caring

Help us send a card of caring to every client, child, and senior caregiver on our program during COVID-19.

Birthday Cards Guidelines

Every client, child, and senior caregiver on program gets a personalized cake on their birthday. To accompany the cake, we include a crafted birthday card made with love.

Crafting with Love

Put the heart in to art and decorate delivery bags and cards for our clients! Fun for the whole family, a classroom, community group, or just a group of friends!

Helpful Hints for Student Groups

Are you a student group coming to NYC for the first time? We’re so excited to work with you, and download this form to find out where to eat, where to stay, and what to expect when volunteering at God’s Love!

Volunteer Newsletter

Our Volunteer Department sends out a quarterly newsletter to keep everyone in the know!

for Kids

Young Hearts Placemat

We know that food is medicine and food is love. And kids know that, too! Have kids draw and color their way through our placemat made just for the Young Hearts among us.
How to: Client Meal Delivery

Published on Jan 23, 2019

Client Meal Delivery is our most-needed shift. When you volunteer, you'll ride as passenger in our delivery van and assist our staff in delivering meals to our clients. Watch our video to find out how to prepare, how it works and what to expect!
Our Volunteers are 10,000 Strong!

Published on Apr 12, 2018

For more than three decades, God’s Love We Deliver has been providing the medically tailored, nutritious meals that our clients so urgently require. From the very beginning, we recognized the force of the tremendous heart of our volunteers, and today, we are proud and humbled to have the help of more than 10,000 individuals who give their time and talent to God’s Love every year.
At God’s Love We Deliver, we are committed to maintaining the highest possible standard of food safety for our clients living with severe illness. It’s important to our staff, our volunteers, and our clients to know that every single one of the thousands of meals produced in our kitchen each year has been prepared with a commitment to quality, nutrition and love.
On September 28, God's Love marked an important milestone as we cooked, packed and delivered our 20 millionth meal.
4 Reasons Why Van Assisting is the Best

Published on Jul 25, 2017

Not only is van assisting our most-needed volunteer shift, but there are lots of great reasons why it could be the perfect shift for you! Check out our video with our volunteer Allison... and sign up to work with us at glwd.volunteerhub.com

A Day in the Life at God's Love

Published on Oct 19, 2016

Whatever your interests or talents may be, we have the volunteer shift for you!

Current Playlist: Swipe for more ➤

• How to: Client Meal Delivery
Our Volunteers are 10,000 Strong!

No Tank Tops In the Kitchen: Food safety at...

20 Million Meals!

4 Reasons Why Van Assisting is the Best

A Day in the Life at God's Love

Blog Posts: Volunteer
Rising to the Challenge: God’s Love We Deliver Response during COVID-19

It’s the start of our new fiscal year, and we look forward to all that we will accomplish together! In our past year alone (June 2019-June 2020), God’s Love cooked and home-delivered 2.33 million nutritious, indiv...
Our largest delivery ever: Delivering 140,000 shelf-stable meals in one weekend

This past weekend, we were joined by 150 generous volunteers in their own cars helping us make our largest delivery ever, of 140,000 emergency shelf-stable meals – fourteen days of each client’s daily nutritional needs —...