FAQs

Check out our FAQs to answer all of your volunteer-related questions!

**What should I do if I am scheduled to volunteer and test positive for COVID?**

Please do not come to God’s Love if you have recently tested positive for COVID, or if you are exhibiting any symptoms of illness whether COVID-related or not. Please take care of yourself and schedule another shift when you are feeling better.

**How can I sign up for a shift?**

We’re excited to work with you! See our available opportunities [here](https://www.glwd.org).

**Can I bring a group?**

As of December 2021 during COVID-19, we’re accepting groups of 20 volunteers or fewer. Get all the information [here](https://www.glwd.org/younghearts).

**What is the age requirement for volunteers?**

God’s Love We Deliver offers several volunteer opportunities for young people, such as card making and holiday bag decorating. Van assisting is reserved for those 18 years of age and older. Individuals age 13-15 are permitted to work in Meal Kit Assembly and/or Kitchen, but MUST be accompanied by a parent/guardian. Individuals age 16 and 17 can volunteer unaccompanied in Meal Kit Assembly/Kitchen Projects. However, all those ages 13-16 will be assigned an activity without the use of knives. Any assignments given to minors will be offered in a non-hazardous environment and will comply with all appropriate requirements of child labor laws. For other information, please visit [glwd.org/younghearts](https://www.glwd.org/younghearts).

**Where is God’s Love located?**

God’s Love We Deliver is located at 166 Avenue of the Americas on the corner of Spring Street. We are right above the C/E train at the Spring Street station. For other nearby subway lines, check out [MTA Trip Planner](https://www.mta.info/tripplanner).

**What is the dress code to work in the kitchen?**
Kitchen dress code is very important to ensure the safety of our volunteers as well as preserve the quality of the food. Clothing must completely cover shoulders, underarms, knees and toes. Long sleeves must be pushed above your elbows while working with food. Hair must be completely covered, including ponytails and bangs. Hairnets are provided, though you are welcome to bring a hat. No bracelets, watches or dangly earrings can be worn. Food safety is so important, we wrote a music video about it! Check out No Tank Tops in the Kitchen.

**Do you have any weekend opportunities?**

God’s Love is open regularly on Sundays – please [click here](#) for Sunday opportunities.

We are open occasionally on Saturdays. Please email volunteer@glwd.org for additional information on this schedule, or visit our calendar for Saturday shifts.

**Is there a minimum time commitment for volunteering?**

Volunteers are expected to volunteer for the duration of their shift, but volunteering can be a one-time or ongoing experience.

**Do you need prior experience to volunteer?**

No prior experience is needed to volunteer in the kitchen, in delivery, or in meal kit assembly. You will receive a training and orientation at the beginning of your first shift. We do, however, need skill-based volunteers to support in our offices. If you have finance, customer service, IT, consulting, photography or design experience, please reach out to our volunteer department at [volunteer@glwd.org](mailto:volunteer@glwd.org).

**Are there any one-time shifts if you can't make a weekly commitment?**

Yes! All of our one-time shift opportunities are available to view and sign-up for [here](#). Please note we rely very much on our volunteers so if you need to cancel, let us know in advance so we can find a replacement for you.

**Volunteer Resources**

**Volunteer Code of Conduct**

Our volunteers work in the kitchen, in meal packaging, on our vans, in our office and at special events. In order for us to fulfill our mission successfully, it is essential that volunteers follow the policies and procedures listed here.

**Cards of Caring**

Help us send a card of caring to every client, child, and senior caregiver on our program during COVID-19.

**Birthday Cards Guidelines**
Every client, child, and senior caregiver on program gets a personalized cake on their birthday. To accompany the cake, we include a crafted birthday card made with love.

**Crafting with Love**

Put the heart in to art and decorate delivery bags and cards for our clients! Fun for the whole family, a classroom, community group, or just a group of friends!

**Helpful Hints for Student Groups**

Are you a student group coming to NYC for the first time? We're so excited to work with you, and download this form to find out where to eat, where to stay, and what to expect when volunteering at God's Love!

**Volunteer Newsletter**

Our Volunteer Department sends out a quarterly newsletter to keep everyone in the know!

for Kids

**Young Hearts Placemat**

We know that food is medicine and food is love. And kids know that, too! Have kids draw and color their way through our placemat made just for the Young Hearts among us. Thank you to illustrator Lindsey Balbierz for her wonderful artwork in creating this placemat!

**Group Information**

For Kids

**Eat in Season Coloring Sheets**

Learn about good nutrition while coloring, all year long! Build a calendar of seasonal produce with these illustrations by Lindsey Balbierz.

**Videos**

![Video](image-url)
How to: Client Meal Delivery

Published on Jan 23, 2019

Client Meal Delivery is our most-needed shift. When you volunteer, you'll ride as passenger in our delivery van and assist our staff in delivering meals to our clients. Watch our video to find out how to prepare, how it works and what to expect!

Our Volunteers are 10,000 Strong!

Published on Apr 12, 2018

For more than three decades, God's Love We Deliver has been providing the medically tailored, nutritious meals that our clients so urgently require. From the very beginning, we recognized the force of the tremendous heart of our volunteers, and today, we are proud and humbled to have the help of more than 10,000 individuals who give their time and talent to God's Love every year.
No Tank Tops In the Kitchen: Food safety at God's Love We Deliver

Published on May 22, 2017

At God’s Love We Deliver, we are committed to maintaining the highest possible standard of food safety for our clients living with severe illness. It’s important to our staff, our volunteers, and our clients to know that every single one of the thousands of meals produced in our kitchen each year has been prepared with a commitment to quality, nutrition and love.
On September 28, God's Love marked an important milestone as we cooked, packed and delivered our 20 millionth meal.
4 Reasons Why Van Assisting is the Best

Published on Jul 25, 2017

Not only is van assisting our most-needed volunteer shift, but there are lots of great reasons why it could be the perfect shift for you! Check out our video with our volunteer Allison... and sign up to work with us at glwd.volunteerhub.com

A Day in the Life at God's Love

Published on Oct 19, 2016

Whatever your interests or talents may be, we have the volunteer shift for you!

Current Playlist: Swipe for more

How to: Client Meal Delivery
Our Volunteers are 10,000 Strong!

No Tank Tops In the Kitchen: Food safety at...

20 Million Meals!

4 Reasons Why Van Assisting is the Best

A Day in the Life at God’s Love

Blog Posts: Volunteer
Celebrating National Volunteer Week 2024

During National Volunteer Week, we celebrate our 23,000 volunteers and 660 corporate groups who are truly “out of this world!”

Volunteer Tim Gibson – Reducing Isolation with Letters and Love

Volunteer Tim Gibson – Reducing Isolation with Letters and Love
Tim Gibson has volunteered at God's Love We Deliver for more than 20 years. His most recent contribution is connecting God's Love We Deliver clients to the organization Letters Against Isolation, whose goal is to send letters...

4.12.24 / Volunteer

**Staff that Bowls Together Grows Together!**

God's Love staff--nearly 200 strong--joined together for Staff Enrichment Day of teambuilding and bowling.