Opportunities for Kids (Young Hearts) & Families

There are so many ways to support our mission through volunteerism and we understand the importance of getting kids involved with philanthropy at a young age. We work with families, student and community groups, troops and more who want to volunteer. To find out about Thanksgiving volunteering, please click here.

Who are Young Hearts?

Young Hearts are youth (middle school and under) who, along with their schools, peer groups, and/or families, engage in God’s Love volunteerism, philanthropy, events and education.

Need More Information?

View our FAQs and other helpful information on our Volunteer FAQs & Resources Page.

Or feel free to contact our Young Hearts team via email at younghearts@glwd.org or reach out to our Volunteer Department at at 212.294.8158.
Throughout the holiday season

Create Signs for Our Volunteer Delivery Drivers

Help our volunteer drivers make deliveries in style this holiday season by drawing "Delivery Volunteer at God's Love We Deliver" signs for their dashboards.

Email volunteer@glwd.org to get involved.

Third Friday of Every Month
**Field Trip Friday**

Want to show your class of students one of the largest kitchens in NYC? Look no further, and bring them to God's Love for Field Trip Friday! Students will tour our kitchen and rooftop garden, and get a chance to put their nutrition knowledge to use with a fun in-house worksheet.

Projects are tailored to the age of the group.

Email volunteer@glwd.org to schedule your field trip.

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**First Sunday of Each Month**

**Crafting Love at God's Love**

Young folks can decorate birthday cards and other holiday cards for our clients. No artistic experience required -- just a whole lotta love.

Email volunteer@glwd.org to schedule your shift.
Any time

**Volunteer at Home, at School, or with a Community Group - Decorate Cards**

Take God's Love with you wherever you go! Young folks can decorate birthday cards, winter holiday cards, Valentine's Day Cards, and more.

Email volunteer@glwd.org to get started.

Any time

**Get Artsy at Home - Color our Placemat**
Thank you to illustrator Lindsey Balbierz for illustrating our placemat!

Get Artsy at Home - Color our Seasonal Produce Calendar

Thank you to illustrator Lindsey Balbierz for illustrating seasonal produce coloring pages!

Opportunities for High School Students
High School Students

Van assisting is reserved for those 18 years of age and older. Individuals age 13-15 are permitted to work in Meal Kit Assembly and/or Kitchen, but MUST be accompanied by a parent/guardian. Individuals age 16 and 17 can volunteer unaccompanied in Meal Kit Assembly/Kitchen Projects. However, all those ages 13-...

See our Young Hearts in Action
A volunteer shift in our bakery for Young Hearts. Photo by Marc Millman @marcmillmanphotos

Ms. Shannon’s third grade class from P.S. 107 came in for a kitchen tour and a "Crafting Love" session to decorate cards for our clients
Students from Transfiguration School came by to tour our rooftop herb garden and learn about God's Love.

A lemonade stand in support of God's Love.

In September 2022 we came together for an exciting activities-filled event for youth and families at the Museum of Ice Cream!

Natasha Pickowicz, Melissa Clark, and Amanda Freitag with Young Hearts at our holiday cooking demo and cookie decorating party!

Alex and Jordan with their family and decorated cards

First graders from LREI with their decorated birthday cards

Students from Friends Seminary with their decorated God's Love placemats

Students from Friends Seminary with their decorated God's Love placemats

Watch our Young Hearts in Action at our Holiday Party!
Our Young Hearts came together for an exuberant holiday celebration featuring kid-friendly cooking demonstrations from cookbook author and *New York Times* food writer Melissa Clark and Culinary Council members Chef Amanda Freitag and Pastry Chef Natasha Pickowicz. Children learned new cooking techniques, met new friends, and found their inner chef in all three sessions. Adults enjoyed light bites from Murray's Cheese and Chef Amanda Freitag's new line of Freitag Chef's Cocktails.

**Get Engaged in "Crafting Love" just like Mish & Mash!**

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**Young Hearts in the News**

*The New York Times*
Stephen Gaynor School Partners With God’s Love for a Week of Service

To officially kick off the Stephen Gaynor School Week of Service, students assembled to learn about God’s Love and the importance of giving back. Students heard from a panel of speakers including longtime volunteer and former...
12.5.22 / Community

Ending the Year with Young Hearts Full of Cheer

Our Young Hearts came together for an exuberant holiday celebration featuring kid-friendly cooking demonstrations from cookbook author and New York Times food writer Melissa Clark, Chef Amanda Freitag, and Pastry Chef Natasha...

11.29.22 / Community

Giving Hope and Fostering Community through Fashion
As God’s Love kicks off the season of giving back, we are excited to announce the launch of the Willa Placket Top from alice + olivia. Fashion designer, founder, and Chief Executive Officer of alice + olivia Stacey Bend...

9.22.22 / Community

**The Young Hearts Friend Fest: Ice Cream Social Was a Sweet Success**

The event at the Museum of Ice Cream brought together our Young Hearts and their loved ones for an evening of fun in support of our clients living with life-altering illness!
Hanging on to a Longstanding Tradition with Friends Seminary!

Students with their decorated bags. We know the holidays are around the corner when our friend, Kristi Ribbecke, reaches out to us gearing up for the Friends Seminary Holiday Assembly. Friends Seminary is the oldest continuous...

Serving more than just our clients: How we support the whole family

At God’s Love, we know that when a person is living with a severe illness, it can be a crisis for all in the household. That’s why, since our founding, we have continually evolved our program to meet the needs of the whole fa...
Zeke and the Piggy Bank

When Zeke and his mom Cammie received their government stimulus check in the mail this summer, they knew that there were hundreds of New York City organizations who could use those funds to help care for those in need. Zeke,...

Stephanie Stays Positive with Meals that Heal
Stephanie is a born and bred New Yorker. She is from a lineage of strong, positive people, and raised by a single-dad. Though she was diagnosed with cerebral palsy as a young girl, she did not let that condition hold her back…

5.5.20 / Nutrition

**Physical Activities for Kids**

Wondering how to keep your kids entertained AND active during COVID-19? The activities we’ve listed below are fun for kids... and the whole family! Let us know which ones you try!...
Meet the Students Who Volunteered with Us this Summer

This summer we were thrilled to have a host of high school and college students volunteer with us during their summer breaks. Whether they were helping in the kitchen, in delivery, or in the office, we so appreciate their har...

12.9.19 / Events

2019 Young Hearts Cookie Decorating Party

God's Love We Deliver was thrilled to host our 4th Annual Young Heart Holiday Cookie Event last night in the God's Love We Deliver kitchen. We welcomed our largest group ever consisting of many of our supporters and their won...
Bar mitzvahs 'n birthdays: teens make God’s Love a part of every celebration

Our friends Jordan, just 15 and Alex, 13, have supported God’s Love since they were both just young kids. For the past six years, they, along with their parents have run in the Race to Deliver in Central Park, and they’ve alw...
Students at Transfiguration School Raise $7,339 in Lenten Donations for God’s Love

We are thrilled to announce that God’s Love received $7,339 collected by Transfiguration School students during the Lenten Season. This year, the faculty of the 450-student school selected a non-profit organization to s...