



# Save the Date for Miles with Meaning

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November 8, 2018

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**Dozens of people will lace up their running shoes and run or walk for a good cause.**

Ward and Smith is proud to support the Miles with Meaning 5K and 1 Mile Fun Run/Walk on Saturday, November 17 in Kinston.

The annual event honors Mitzi Moye, a beloved Arendell Parrott Academy school advisor who was struck by a van

on her morning run back in 2015. The yearly race celebrates Mitzi's recovery, in addition to promoting awareness of runner road safety.

Net proceeds will benefit both the Vidant's Traumatic Brain Injury Inpatient Rehabilitation Unit and the school's service organization known as SERV.

The 5k begins at 9 a.m. followed by the 1 Mile Fun Run at 10 a.m. Both races will start and end on the Arendell Parrott Academy campus.

Registration ends on November 13. [Sign up here.](#)