

Wilmington Chamber's Virtual Workshop to Focus on Mental Health

November 16, 2020



Mark your calendar for the final workshop aimed at "How to Have Difficult Conversations" on November 19.

Ward and Smith is a proud sponsor of the three-part series, created by the Wilmington Chamber of Commerce, to tackle such issues as money and race. The last virtual forum will focus on mental health.

Panelists include:

- Joseph Rengifo, MA, LCMHC, LCAS, CCSI, and owner of Wilmington Mental Health
- Dr. Gretchen Rivas, D.Ac, LMBT, and owner of Relax! Massage Therapy and Skin Care
- Franchon Francees, LCMHC, Certified Trauma Practitioner and Trainer and founder of Healing Your Almond

Register today and find out how to have important those important and difficult conversations.